

February 2025

Thrive: Walking a Path With Heart

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 10:30am Women's Group
2 10:30am <i>Walking a Path With Heart</i> Rev Sharon Connors Birthday/Anniversary Sunday 11:45am Fellowship Noon Prayer Chaplain Mtg	3 4:30pm TOPS 5pm ACA	4 10am Circle of Prayer 10:30am A Course Of Love 10:30am AA 5pm Healing Hands	5 10:00am SW Vly Enlightenment Ctr Metaphysical	6 10:30am AA 3pm Men's Connections 6pm OA	7	8
9 10:30am <i>How Sweet It Is</i> Rev Billie Martini 11:45am Fellowship 12:30pm Choir Rehearsal	10 4:30pm TOPS 5pm ACA	11 10am Circle of Prayer 10:30am A Course Of Love 10:30am AA	12 6pm Sound Healing Meditation	13 10:30am AA 6pm OA	14	15
16 10:30am <i>Navigating the Mysteries Along the Path</i> Rev Cathy Mannino 11:45am Fellowship 12:30pm 12-Power Sound-Healing Meditation	17 4:30pm TOPS 5pm ACA 6:30pm Choir Rehrsl	18 10am Circle of Prayer 10:30am A Course Of Love 10:30am AA 5pm Healing Hands	19 10:00am SW Vly Enlightenment Ctr Metaphysical	20 9am Men's Group Breakfast 10:30am AA 6pm OA	21	22
23 10:30am <i>Pitfalls, Progress & Perfection on the Path</i> Rev Sharon Connors 11:45 Fellowship Noon Annual Meeting, Followed by Board Meeting	24 4:30pm TOPS 5pm ACA	25 10am Circle of Prayer 10:30am A Course Of Love 10:30am AA	26	27 10:30am AA 6pm OA	28	

<p>3 — Linda Suiter 6 — Nancy Leyerzapf 13 — Ralph Martini</p>	<p>February Birthdays: 14 — Chris Romero</p>	<p>22 — Cathy Mannino 24 — Alva Moring 26 — Becky Costello</p>
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“Do not search for God outside of you. God can only be found within you, for God’s abode is the heart.” ~ Meher Baba

“We must look at ourselves over and over again in order to learn to love, to discover what has kept our hearts closed, and what it means to allow our hearts to open.” ~ Jack Kornfield

Dear Pilgrims on the Path,

In 7th grade, Sister Carmela assigned a huge project to our History class. I can’t remember the exact project but it for sure required research. Fortunately, my mom and dad bought a full set of World Book Encyclopedia for just such a moment in their four kids’ lives. My dad especially proved merciless when I asked questions that could be answered in the encyclopedias. Parenthetically, as an adult, gratitude filled my heart about him insisting that I find the answer in the encyclopedias. Needless to say, I used it for my history project I’m writing about here.

As it turned out, the project proved to be quite demanding. I chose to tell the story of some explorer on a 3ft vertical roll of craft paper. Working on our living room floor, my mom would often come by and comment that “I ought to study art” or she’d catch me erasing and accuse me of being a perfectionist. My insides clinched over that word. I considered that I was simply making the outside manifestation match my inner vision.

Think about that metaphysically for a moment. How might that story speak of your own spiritual evolution? Do you have a captivating vision of how you would like your life to look and how you would like to be—in good times and tough times? In sickness and in health?

Grounded in love, it is still possible to create a work of art of our lives. What would it look like, for example, if you embraced challenges you face with heart? What about disappointments, losses? What would be asked of you regarding people who have hurt you, betrayed you? What would be asked of you regarding people you love? Or even demonstrate how you love your own life, your body, your mind, your heart and soul?

This month we celebrate the Divine Power of Love and walking the path of our life with heart, aware that walking it with educated heartfulness is the project assigned to each of us by Our Creator, Source of Life.

Walking the Path with You,

Rev. Sharon