

Volume 18 Number 11 November 2024

Sun

A Quest for Meaning & A Beautiful Life

"The mystery of human existence lies not in just staying alive but in finding something to live for." ~Fyodor Dostoyevsky

"The purpose of life is to discover your gifts. The work of life is to develop them. The meaning of life is to give your gifts in the world." ~David Viscott

"Seek first the kingdom of God and His Character and all things will also be given you." ~Matt. 6: 33 (Amplified Bible)

Dear Partners on the Quest,

Report card time produced a good deal of hope as well as anxiety for my sisters, brother and I. Why? Because my dad devised a motivational system regarding our progress in school. All during elementary school the practice entailed laying our report cards, openfaced, on our dining room table after school. When my dad arrived home, he would apply the motivation technique to the open report cards—a quarter for E (excellent) .15 for VG (very good), a dime for G (good), a nickel for C (ok) and zip for anything less.

His bottom-line quest involved tooling us to create a meaningful, beautiful life. We did not

appreciate this at the time but we definitely do now. He worked 2 jobs many years so he could provide college educations for all of us. He did not have that opportunity himself and it gave his life meaning to provide it for us. His home life growing up was very difficult and it has always inspired me that he rose so far above that. Just as important, his legacy included being an example of integrity, generosity, compassion, strength, dedication to worthy endeavors, great courage and consistent, reliable love. Giving his children and my mom a loving, secure home life gave great meaning to his life—and to mine.

As we continue our Adventure in Faith, we continue to explore what gives meaning to your life and what makes your life beautiful. In your prayer and reflection time, look and see what has given meaning and a sense of purpose to your life. What is it that makes life beautiful—are there simple things like putting out Halloween decorations, being with family for Thanksgiving, appreciating a star-filled sky, taking time to call a friend?

My friend, Eileen, created a Halloween wreath with little pumpkins and small skulls

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Unity Spiritual Center 10101 West Coggins Drive Sun City Arizona 85351

| November 2024 | | | | | | | |
|---|---|--|--|---|---|---------------------------------|---|
| | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| 3—Evelyn Leavitt 7—Jeanne Roberts 10—Joanne Sommers | | November Birthdays: 12—Jerry Burt 19—Mollie Kidari 23—Sig McGriff 24—Marlene Messer 26—Jo Kennedy 29—Donna Harlow | | | 1 -J(| 2 10:30am Womens Group | |
| Cours Rev S Birtho Sunda 11:45an Noon P | n Stay the se & Travel Light sharon Connors day/Anniversary ay n Fellowship rayer Chaplain Mtg n Choir rehearsal | 4:30pm TOPS 5pm ACA | 5 10am Circle of Prayer 10:30am A Course Of Love 10:30am AA 1pm Enrichment Billie Shawl | 6 10:00 _{am} SW VIy Enlightenment Ctr Metaphysical 10:30am Enrichment Rev Sharon | 7 10am Enrichment Linda Cogdill 10:30am AA 1pm Enrichment 3pm Men's Groue onnection 5:30pm Enrichment Kate Okrongly 6pm OA | 8 — eso | 9 10am Band; 11am Choir Re- hearsal |
| Wond Rev S Recog Day 11:45an | n <i>Mystery,</i> ler & Awe sharon Connors gnize <mark>Veterans</mark> ' n Fellowship alent Show | 4:30pm TOPS 5pm ACA | 12 10am Circle of Prayer 10:30am A Course Of Love 10:30am AA 1pm Enrichment Billie Shawl | 13 10:30am Enrichment Rev Sharon 6pm Sound Healing Meditation | 14 10am Enrichment Linda Cogdill 10:30am AA 1pm Enrichment 5:30pm Enrichment Kate Okrongly 6pm OA | ffice of | ice Club |
| Differ Rev S 11:45an | Charon Connors The Fellowship Crafts Show Choir | 18 4:30pm TOPS 5pm ACA | 19 10am Circle of Prayer 10:30am A Course Of Love 10:30am AA 1pm Enrichment Billie Shawl | 20 10:00am SW Vly Enlightenment Ctr Metaphysical 10:30am Enrichment Rev Sharon | 9am Men's Group Breakfast 10am Enrichment Linda Cogdill 10:30am AA 1pm Enrichment 5:30pm Enrichment Kate Okrongly 5:30 Interfaith Thanksgiving Service at 1st Presbyterian 6pm OA | 22 | sed — Office C |
| Becke Rev S 11:45 F | n <i>New Horizons</i> on tharon Connors ellowship (sgiving Lunch | 25 4:30pm TOPS 5pm ACA | 26 10am Circle of Prayer 10:30am A Course Of Love 10:30am AA 1pm Enrichment Billie Shawl 5pm Healing Hands | 27 10:30am Enrichment Rev Sharon | 28 Office Closed 10:30am AA 6pm OA HAPPY Giving | 29 | Fice Closed |





Mission Statement:

To teach and demonstrate principles that inspire people to live their greatest life through discovering Spirit within.

Watch For Information on Our Next Membership Class, "Unity Basics" Coming to You On Sunday, December 8

Vision 2024/2025

(Projects over and above our normal operating expenses)

Unity Spiritual Center is a place that brings us together to be one in Spirit. It affords us a place for spiritual nourishment, as well as a place for meaningful fellowship. It is a place where we make lifelong friends and help each other through our Spiritual Journeys. The Annual Appeal gives us an opportunity to support the health and wellbeing of our church. Below are items that are outside of our normal operating budget. We thank you in advance for helping us meet these needs. On December 6th we will all celebrate the great victory of meeting our goal of \$12,000.

| Repair 3 air conditioners in Activity Center | 2,700 |
|--|-------|
| Replace icemakers that keep breaking with one recommended by repairman | 2,200 |
| Replace 20-year old water heater | 2,000 |
| Landscaping: fix sprinkler system and replace a few dead plants | 1,000 |

Update restrooms in Sanctuary

Total: \$12,000

\$4,100

Save The Date! Gala Dinner Dance December 6

Celebrate our successful Adventure in Faith and Fund Drive on Friday, December 6th. We'll be dancing to a DJ (Tito Valentin!), enjoying a delicious catered dinner, including hors d'oeuvres and dessert and beverage: beer, wine, soft drink. Plus, our A/V team will be showing a fun video of our Adventure! Tickets now on sale for \$50 advance price/\$60 at the door.

A Course of Love
Goes Beyond A Course in Miracles
Tuesdays @ 10:30am
Meets in the Fillmore Classroom

Interfaith Thanksgiving Service Thursday, November 21st at 5:30pm

First Presbyterian Church invited Temple Beth Shalom and Unity Spiritual Center to join together in an Ecumenical Thanksgiving Service at First Presbyterian Church (12225 N 103rd Ave.) on Thursday, November 21, at 5:30 p.m. Pastor Tom Tripp, Rabbi Dana Kaplan and Rev. Sharon Connors will share in this service. Refreshments will follow, with opportunity to get to know one another better.

USC Annual Thanksgiving Celebration Sunday, November 24th

We're putting together the menu for this year's Thanksgiving Potluck Luncheon. Plan to join us after our Celebration Service, and bring your family! As usual, the luncheon is reservation only because we'll need a head count. Look for side-dish and RSVP signup sheets in the church lobby on Sunday, November 10th.



We are so grateful for the veterans in our congregation. Thank you for your service. Please join us during our November 10th Sunday Celebration Service for a special Veterans' Day blessing.

Vision Statement:

Advance spiritual growth in our community and our world by expressing love for all, acceptance of all and service to all.



Volunteer of the Month: Evelyn Leavitt

Just three months after we welcomed visitor, Evelyn Leavitt, she became a member and immediately jumped in to fill the "Queen of the Kitchen" role that Julie McKenna left vacant when she moved to Colorado. She's so busy Sunday mornings that you may not have had an opportunity to get to know her. And you really should make a point of chatting with this many talented, service-oriented, fascinating lady. She's a seamstress who sold artificial fur coats among other goods at art fairs throughout the state and beyond, is a hairstylist and a food artist! She donates much of the healthier food at Fellowship, and always makes a beautiful

presentation. Be sure to stop by her table during the Arts & Crafts Show and pick up a few of her inspired creations.

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that light up. It's beautiful, especially at night. Creating beauty gives her life meaning .

As we approach the holidays and the close of 2024, consider what has been meaningful and beautiful in your life this year. Let it bless you and be good omen for the holidays and for 2025.

Be sure to join us on Sunday mornings, too, for some inspiration and the joy of our community.

With great love,

Rev. Sharon

Men's Group Connections — Thursday, November 7th@ 3pm

The men's group meets the first Thursday of every month in the Ken Haynes Memorial Library from 3 to 5pm.

Men's Group Breakfast — Thursday, November 21st at 9am

On November 21st the group will meet at Bobby's Café, 15472 N 99th Avenue in Sun City. That's in the strip mall at the northwest corner of 103rd & 99th Avenues.

All men are invited to both meetings... and bring a friend to introduce him to Unity. Sign up in the sanctuary lobby or bookstore. Contact Ken Weidner with questions: KWeidner2000@yahoo.com.

Special Combined Women's & Men's Groups Getting Ready for Christmas Saturday, December 7th at 10:30am

All women and men — including your friends who don't normally come to church — are invited to join us on December 7th for a Deck the Halls Christmas decorating party. Plan to join us at 10:30 to help decorate the church campus, and we'll follow the decorating festivities with a pizza party, including a nice big tossed salad. No love offering requested, but please pre-register on the green form in the church lobby, bookstore or activity center bulletin board so we know how much pizza and salad fixings to get.

Power of the Month: Release

Disciple=Thaddeus; vibration=russet. Divine release clears a path for experiencing the miracles of grace, new clarity, improved outlook, greater sense of freedom and personal spaciousness. It is our spiritual easer and roto-rooter. Honoring it in prayer and meditation and willingness, brings up what we need to release—fears, resentments, lifedepleting emotions, attitudes and habits.

Crystal Bowl Sound Healing Meditation Wednesday November 13th at 6:00pm

Emily Slonina is back to lead a Crystal Bowl Sound Healing Meditation. This is a public event; no yoga experience required. Bring a blanket or yoga mat and pillow if you like to lay down. And bring WATER! Love Offering \$20.



We're on the Web at www.unitysc.org

Ministers

Rev. Sharon Connors, Sr. Minister Rev. Lei Lanni Burt, Assoc Minister Rev. Billie Martini, Assoc. Minister

Linda Cogdill, LUT

Sandy Walker, LUT

Center Administrator
Cathy Collins

Music Team Leadership Mollie Kidari, Director Cathy Mannino, Assistant Director Melvin Johnson, Choir Director Kate lackson, Asst Choir Director

Board of Trustees

Mack Essary, President
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10101 West Coggins Drive Sun City Arizona 85351 623-974-6443 Office Hours: Tuesday through Thursday 8:30am to 5pm





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